

About Me

I love writing on paranormal topics. Born and raised in Miami, Florida and I am currently living in Washington State. Even As a young child I have always known that there was more to reality than that which we can perceive. At an age between seven and nine, when I was sleeping over at an aunt's house. I was going through her library of books when I found a book on meditation. It caught my attention and created a curiosity that sent me on a reading spree. I read how there were side benefits when one would practice meditation. Besides getting to know oneself there were psychic powers like telepathy, telekinesis, clairvoyance and astral projection. I wanted to experience all of these powers and prove to myself that they existed.

I began to experiment with telepathy and telekinesis. I experimented for years with indeterminate results, nothing conclusive. I increased my meditative efforts. On occasions, I would meditate up to six hours at a time.

At the age of fifteen, the most important event of my life changed my belief of other worlds and realities into personal experience. I bought a book on astral projection called Journeys Out of the Body by Robert Monroe. His experiences so impressed me that I tried the exercises in his book. On my first try, I had my first completely conscious out of body experience. For over three decades, I have been living the mystic path. I will be revealing to you many secrets and techniques about the mystic arts. I hope you enjoy this paranormal meeting of the minds!

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